

**Intro:** “Movieators, and Guilted”

**1. Inadequate Time For All Your Responsibilities.**

**Colossians 4:5 (HCSB)**

<sup>5</sup> Walk in wisdom toward outsiders, making the most of the time.

**Ephesians 5:15-17 (HCSB)**

<sup>15</sup> Pay careful attention, then, to how you walk—not as unwise people but as wise—

<sup>16</sup> making the most of the time, because the days are evil.

<sup>17</sup> So don't be foolish, but understand what the Lord's will is.

**2. Irresponsible and Dependent Kids. (Growing to be Responsible and Independent).**

(Whose Paper is it to sign?) (Don't take away increased responsibility)

(The longer you keep from learning responsibility through consequences, the higher the consequences)

**Proverbs 10:1-5 (HCSB)**

<sup>1</sup> Solomon's proverbs: A wise son brings joy to his father, but a foolish son, heartache to his mother.

<sup>2</sup> Ill-gotten gains do not profit anyone, but righteousness rescues from death.

<sup>3</sup> The Lord will not let the righteous go hungry, but He denies the wicked what they crave.

<sup>4</sup> Idle hands make one poor, but diligent hands bring riches.

<sup>5</sup> The son who gathers during summer is prudent; the son who sleeps during harvest is disgraceful.

**Proverbs 22:6 (ESV)**

<sup>6</sup> Train up a child in the way he should go; even when he is old he will not depart from it.

(Don't do for a child what the child could do for himself/herself)

### **3. Ill-defined household responsibilities.**

(training kids as future spouses and parents, plus workers)

(husbands “helping” by doing what they see you doing – puppy dog syndrome)

#### **1 Corinthians 12:14-22 (HCSB)**

<sup>14</sup> So the body is not one part but many.

<sup>15</sup> If the foot should say, “Because I’m not a hand, I don’t belong to the body,” in spite of this it still belongs to the body.

<sup>16</sup> And if the ear should say, “Because I’m not an eye, I don’t belong to the body,” in spite of this it still belongs to the body.

<sup>17</sup> If the whole body were an eye, where would the hearing be? If the whole were an ear, where would be the sense of smell?

<sup>18</sup> But now God has placed the parts, each one of them, in the body just as He wanted.

<sup>19</sup> And if they were all the same part, where would the body be?

<sup>20</sup> Now there are many parts, yet one body.

<sup>21</sup> So the eye cannot say to the hand, “I don’t need you!” nor again the head to the feet, “I don’t need you!”

<sup>22</sup> On the contrary, all the more, those parts of the body that seem to be weaker are necessary.

(Primarily for the church, but a beautiful application to the family)

### **4. Interrupted quiet times – Loss of intimacy with God and/or spouse.**

(Hiding in closet – on phone – “I have to be quiet or they will find me – “MOMMY!)

#### **Mark 1:35-37 (HCSB)**

<sup>35</sup> Very early in the morning, while it was still dark, He got up, went out, and made His way to a deserted place. And He was praying there.

<sup>36</sup> Simon and his companions went searching for Him.

<sup>37</sup> They found Him and said, “Everyone’s looking for You!”

#### **Psalms 40:16-17 (HCSB)**

<sup>16</sup> Let all who seek You rejoice and be glad in You; let those who love Your salvation continually say, “The Lord is great!”

<sup>17</sup> I am afflicted and needy; the Lord thinks of me. You are my help and my deliverer; my God, do not delay.

## **5. Investment Value.**

(Disrespect by society for the value of being a Mom – declining minivan sales)

(Highest stress levels at beginning and end of motherhood)

(Growth in being a selfless servant)

### **Proverbs 31:25-31 (HCSB)**

<sup>25</sup> Strength and honor are her clothing, and she can laugh at the time to come.

<sup>26</sup> She opens her mouth with wisdom, and loving instruction is on her tongue.

<sup>27</sup> She watches over the activities of her household and is never idle.

<sup>28</sup> Her sons rise up and call her blessed. Her husband also praises her:

<sup>29</sup> “Many women are capable, but you surpass them all!”

<sup>30</sup> Charm is deceptive and beauty is fleeting, but a woman who fears the Lord will be praised.

<sup>31</sup> Give her the reward of her labor, and let her works praise her at the city gates.

**Invitation:** How can turning to God help you deal with the feelings of guilt?

### **Romans 8:1-2 (ESV)**

<sup>1</sup> There is therefore now no condemnation for those who are in Christ Jesus.

<sup>2</sup> For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death.