

**Intro:**

**1. The Preliminary Picture of God’s Rest.**

**Hebrews 4:3-4 (HCSB)** <sup>3</sup> (for we who have believed enter the rest), in keeping with what He has said: So I swore in My anger, they will not enter My rest. And yet His works have been finished since the foundation of the world,

<sup>4</sup> for somewhere He has spoken about the seventh day in this way: And on the seventh day God rested from all His works.

**Genesis 1:31-2:3 (HCSB)** <sup>31</sup> God saw all that He had made, and it was very good. Evening came, and then morning: the sixth day.

<sup>1</sup> So the heavens and the earth and everything in them were completed.

<sup>2</sup> By the seventh day, God completed His work that He had done, and He rested on the seventh day from all His work that He had done.

<sup>3</sup> God blessed the seventh day and declared it holy, for on it He rested from His work of creation.

**Colossians 2:16-17 (HCSB)** <sup>16</sup> Therefore don’t let anyone judge you in regard to food and drink or in the matter of a festival or a new moon or a sabbath day.

<sup>17</sup> These are a shadow of what was to come; the substance is the Messiah.

**2. The Prototype of God’s Rest Is The Promised Land.**

**Hebrews 3:18-19 (HCSB)** <sup>18</sup> And to whom did He “swear that they would not enter His rest,” if not those who disobeyed?

<sup>19</sup> So we see that they were unable to enter because of unbelief.

**Hebrews 4:2-3 (HCSB)** <sup>2</sup> For we also have received the good news just as they did; but the message they heard did not benefit them, since they were not united with those who heard it in faith

<sup>3</sup> (for we who have believed enter the rest), in keeping with what He has said: So I swore in My anger, they will not enter My rest. And yet His works have been finished since the foundation of the world,

**Hebrews 4:5-6 (HCSB)** <sup>5</sup> Again, in that passage [He says], They will never enter My rest. <sup>6</sup> Since it remains for some to enter it, and those who formerly received the good news did not enter because of disobedience,

**Hebrews 4:8 (HCSB)** <sup>8</sup> For if Joshua had given them rest, He would not have spoken later about another day.

### **3. The Present Path of Getting The Rest God Has For You.**

**Hebrews 4:1-2 (HCSB)** <sup>1</sup> Therefore, while the promise remains of entering His rest, let us fear so that none of you should miss it.

<sup>2</sup> For we also have received the good news just as they did; but the message they heard did not benefit them, since they were not united with those who heard it in faith

**Hebrews 4:7 (HCSB)** <sup>7</sup> again, He specifies a certain day—today—speaking through David after such a long time, as previously stated: Today if you hear His voice, do not harden your hearts.

**Hebrews 4:9-11 (HCSB)** <sup>9</sup> A Sabbath rest remains, therefore, for God's people.

<sup>10</sup> For the person who has entered His rest has rested from his own works, just as God did from His.

<sup>11</sup> Let us then make every effort to enter that rest, so that no one will fall into the same pattern of disobedience.

#### **God's Rest For Us Is Our:**

- **Sufficient Salvation**
- **Ceasing Self-Effort**
- **Settled and Secure**

#### **4. The Promised Perfection Of God's Rest For You.**

**Hebrews 4:9 (HCSB)**<sup>9</sup> A Sabbath rest remains, therefore, for God's people.

**Colossians 3:1-4 (HCSB)**<sup>1</sup> So if you have been raised with the Messiah, seek what is above, where the Messiah is, seated at the right hand of God.

<sup>2</sup> Set your minds on what is above, not on what is on the earth.

<sup>3</sup> For you have died, and your life is hidden with the Messiah in God.

<sup>4</sup> When the Messiah, who is your life, is revealed, then you also will be revealed with Him in glory.

**Romans 8:18 (HCSB)**<sup>18</sup> For I consider that the sufferings of this present time are not worth comparing with the glory that is going to be revealed to us.

- **Entering God's Rest During Your Justification**
- **Entering God's Rest During Your Sanctification**
- **Entering God's Rest At Your Glorification**

**Invitation: Hebrews 4:11 (HCSB)**<sup>11</sup> Let us then make every effort to enter that rest, so that no one will fall into the same pattern of disobedience.